



Protect Your PC

For the mature user of new technology the threats that endanger the computer can be very alarming. The dangers have increased with the spread of broadband.

Learn how to keep your PC running smoothly. Protect it from Internet threats.

Recent articles [Anti Virus Software](#) Jul 7, 2006 If you use the Internet, especially with broadband, it is essential that you make sure you are protected with reliable antivirus software. [Protect your Computer From Contaminants - An Introduction](#) Jul 5, 2006 Remember when using email or the Internet be sceptical, be suspicious and don't take chances. [Viruses Worms and Trojans](#) Jul 5, 2006 Computer viruses are called viruses because they share some of the traits of biological viruses. A computer virus passes from computer to computer like a biological virus passes from person to person. [Malware Adware and Spyware](#) Jul 5, 2006 Along with viruses, one of the biggest threats to computer users on the Internet today is malware. But don't despair. There are defences available and we will review these in future articles. [Disk Defragmentation](#) Jun 8, 2006 how long since you defragged it?